

A LENTEN JOURNEY TO ELDERHOOD

Wednesday afternoon, February 21, at 1:00 p.m.

Church of Saint Ann, John Paul Community Room (FDC)

Presenter: Catherine M. Keevey, RN, BSN, MA

This adult faith formation presentation, "A Lenten Journey to Elderhood," will treat the various stages of life as a Lenten journey and what can sustain us along this road towards Easter, namely, the contemplative dimension of our lives, no matter what happens, with all the joys, sorrows and losses we encounter along the way. This presentation will also explore all the various medical, physical, psychological and social service supports that can help us navigate these transitions, and bring us to a healthy elderhood. **ALL ARE WELCOME!** For more information, contact Gary Maccaroni at 882-6491, EXT. 116, or by email: gmacc@churchofsaintann.net.

Presenter: Catherine Keevey is a parishioner of Saint Ann and lives in Ewing, NJ with her husband Tom. In her professional nursing career, she has been a visiting nurse, President and CEO of a Home Health Agency in NYC and Hospice in Hunterdon County. She has chaired state home care and hospice organizations in NY and NJ. She has been the director of Home Care for Philadelphia Geriatric Center and most recently been the Health Care Coordinator for the Society of the Holy Child Jesus American Province. Over the past twenty years, she has been an Elder Care Consultant for the National Religious Retirement Organization and speaker at National organizations for men and women in the area of eldercare planning and the holistic approach to aging. She has degrees in nursing and nursing administration from St. John's Hospital in NY, Hunter College, NY and Columbia University.